

The Wind That Stole My Love

Pattern "W" of the Mountain Mist Series

This single color applique quilt as shown in McCalls' Pattern Booklets and Home Decorating comes to us from Hawaii. The legend of its origin tells of a lost love and her been handed down through at least two generations.

DIRECTIONS

Before starting your quilt, cut your colored material into three 2½ yard lengths. From one of these lengths cut a strip 12 inches wide. Tear off all selvages. Join two 16" strips with a 1½" strip between them. This will give you a sheet which will measure 84" by 84". This is your applique material.

For your background material and the quilt backings, we suggest that you use one of the new sheets which are made of 65% polyester and 35% combed cotton. These are very soft sheets and need no ironing. They are so fine that they are easy to quilt. So that you may cut off the hem, we suggest that you buy the 81" x 108" size sheets. If you prefer to use yard goods, then you will have to add 2½ yards from the number which you will tear from the 2½ yard lengths. Two of these measure the same width. The third length is cut into a strip 2½ yards long but only 25" wide. Join these three strips lengthwise to form a sheet 80" x 98". This will need two of these sheets.

Cut out your paper pattern, being sure to cut just inside the heavy lines. Allow extra paper on the indicated edges. These are joined with the matching indicated lines to complete the pattern. You will then have a pattern for 1/4 of the design.

Fold the pattern in half and then fold. Fold the material carefully so as not to stretch the fold. Fold again in half, bringing the "seamless" edges together. Press smoothly and leave the fold. There will be open edges on the left and above. In a single fold on the right and two folds on the bottom. Fold again, bringing the single fold on the right to its original position. This will make a triangle which is twice the size of the original pattern. It is now ready to make the folds on the bottom and keep your material smooth. It will help to baste the seams together as you make your folds. Be very careful in basting, especially where you make a diagonal fold. If all of this care is taken, the pattern will be repeated evenly around the quilt design.

Place your paper pattern on this folded ½ material. Be sure that the center of the design falls on the center of all the folds of the material. This center is known as the place which is Hawaiian meaning the center. Put the pattern on the material very carefully. Cut the design, letting more than twice the height of material slip up the cutting. Allow for at least ½" seam allowance of the pattern. This whole process is done much as many of us cut out fabric when we were children. Where there is a very narrow space between the parts of the design, a straight slit will open it up as you do the appliqueing.

Lay the pattern for the top of your quilt on the floor smoothly. Place the colored applique material on the top sheet or on the center and smoothing to the sides. DO NOT STRETCH OR PULL. For joining to avoid stretching the bias pieces. Clip the design by pinching every 6" from it. With this particular pattern it would be well to fold the background material in half each way and crease the folds.

These creases will give you lines to follow in placing the colored applique material.

Starting at the center, baste the design onto the top of the quilt. This basting must be carefully done to keep the design in place. We suggest that you baste the center bands of the design first. Then baste the four smaller bands.

Originally the Hawaiian quilts were square quilts. The design which is cut ½ size repeats around the quilt. However the modern quilt is made to fit standard beds with a dust ruffle and are not as wide as they are long. You will note on the pattern that we have indicated a place of which you may cut the side bands of the design to fit this size quilt. If you wish to make a larger quilt this will not be necessary. You may use your own discretion.

When the design has been completely basted to the background, you are ready for the appliqueing. This is done with a fine chenille needle. Use thread which is the same color as the design. Your stitches should be barely visible.

After appliqueing the entire design to the background, you are ready to do the quilting. Lay your buckling material on the floor, place the Mountain Mist Filling smoothly over the buckling, and finally, place the appliqued top on the filling. Starting at the center, baste securely to the edges. If you are planning to do this quilting on a frame it is not necessary to baste closely. But if you are doing it by hand, or do it on your sewing machine, the basting should not be too close, but leave spaces open in each direction with about 1½" between them. This will keep the three layers of the quilt firmly together and avoid puckers. The buckles may be clamped on the quilting is done. When the quilting is complete, clip the rough edges and bind the quilt with bias strips. This binding may be cut from either the color of the design or the background as you desire.

YARDAGE CHART

Plain Color for the Applique Design
2 Yards 24" material
White for the Background and the Backing
14 Yards or two 81" x 108" Double Sheets

