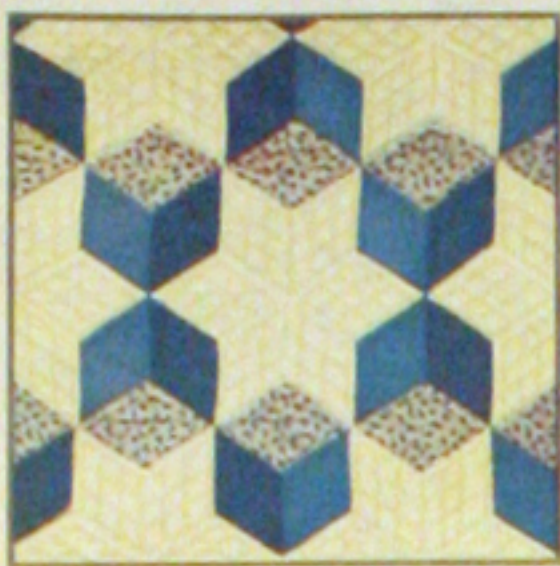




74-FLOAL WREATH



A-TUMBLING BLOCKS



101-DEV DROP



70-STAR BRIGHT



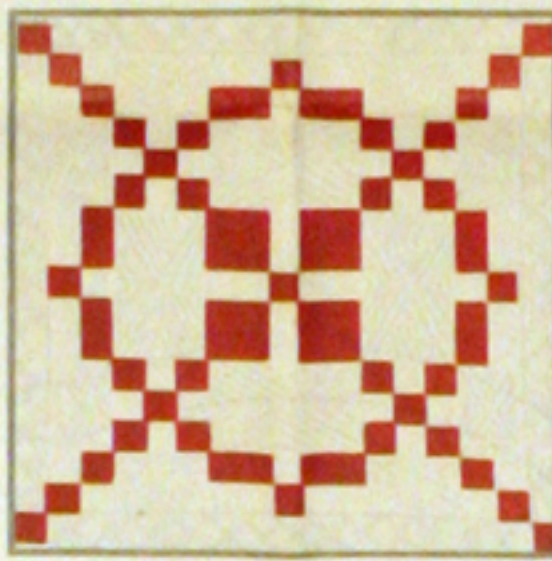
39-POINSETTIA



47-WATER LILIES



28-MARTHA'S VINEYARD



34-HOMESPUN



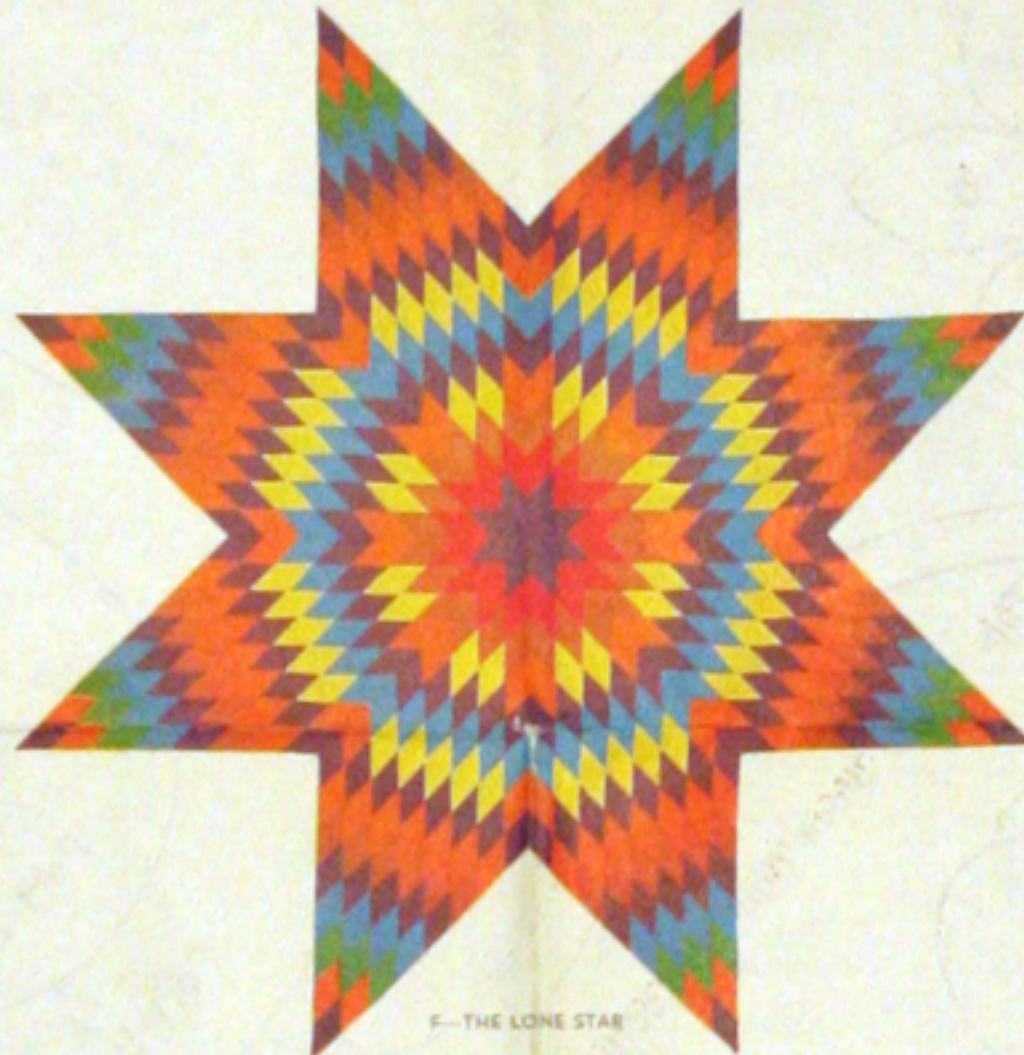
P-SUNFLOWER



8-IRIS



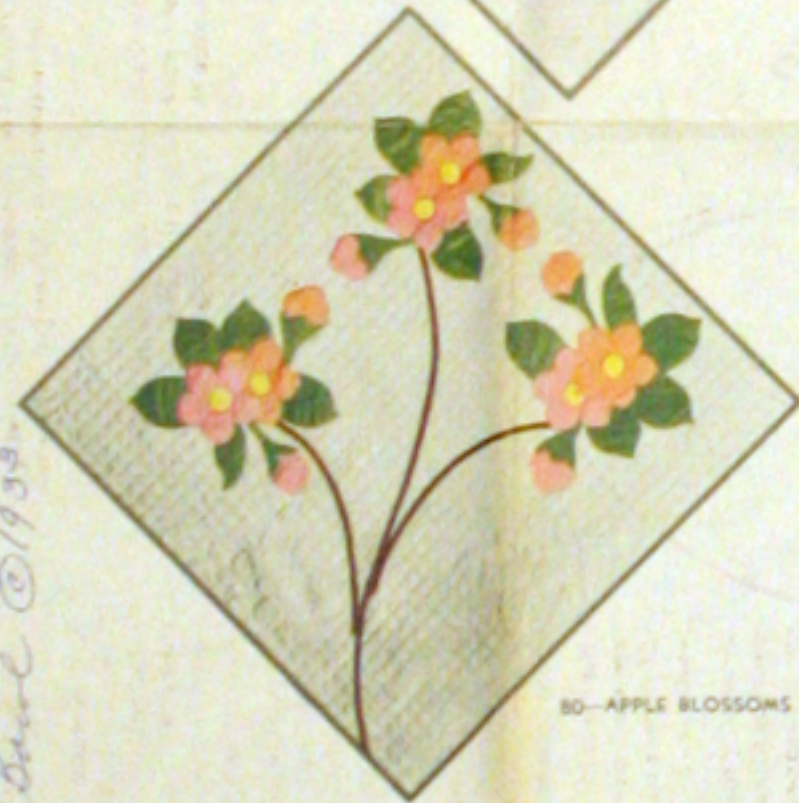
21-DOUBLE WEDDING RING



F-THE LONE STAR



100-STAR OF BLUEGRASS



80-APPLE BLOSSOMS



83-COUNTRY GARDENS

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1 lb. 3 oz.

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FULL QUILT SIZE - 81 BY 96 INCHES

MOUNTAIN MIST

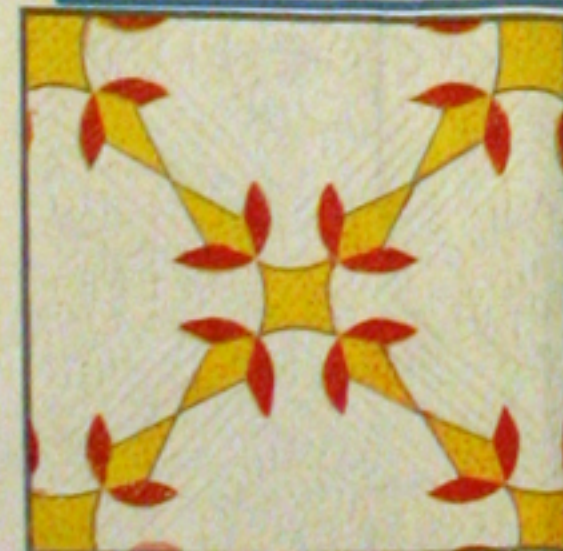
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39-DOGWOOD



30-BOSTON COMMONS



64-COUNTRY LANES



#4 July 1939

TULIP BOWL

Pattern Number 41 of the Mountain Mist Series.

An Applique Quilt

Here is a delightful blending of new and old in quilt design. Beautiful and unusual when worked out in soft pastel shades, the Tulip Bowl is the perfect pattern for a modern quilt maker with modern tastes. Yet the lover of antiques will find a familiar theme in this pattern. Perhaps it will not be hard for her to guess that its inspiration came from Pennsylvania many years ago. And this old idea has changed "into something new and strange," a quilt entirely different and beautifully effective.

The quilt top is made up of eight 22-inch appliqued blocks, combined with six-half blocks, and four quarter-blocks. There

is a 7-inch border strip at either side of the quilt, and around sides and ends the whole is finished off with a 1-inch green border, the same as used for the interblock border strips applied between all the blocks.

To the right is a diagram of the quilt, giving finished dimensions; one-half the lower left quilt block, and one white half-block are shown with the suggested quilting sketched in dotted lines. The leaf used to mark part of the quilting is given in actual size. The actual size pattern for the block applique is shown directly below.

DIRECTIONS

1. First make cardboard patterns for all the parts. To do this, trace the outlines through thin paper, paste onto cardboard, and cut out along the penciled lines. Or, transfer directly to the cardboard with carbon paper. Twelve cardboard patterns will be needed; mark each one with its part number. Patterns are not made for the curving stems; these are best made from narrow bias strips of goods, as explained in Step 4.

2. If there is any doubt about the fastness of the color, or if there is a possibility of shrinkage, first wash and iron the cloth. If the top is washed before quilting, also shrink the goods for the quilt back.

3. Cut the background blocks. Cut eight whole blocks to finish 22" square; that is, cut them 22½" square, allowing ½" seams all around. Do not attempt to cut the six half-blocks or the four quarter-blocks from 22½" squares; cut the half-blocks 22½" on the perpendicular sides and also be sure to allow for a ½" seam on each long side. Similarly allow for seams on the quarter-blocks.

Cut two wide white borders, to be used on either side of the quilt top. Cut these 7½x54" to allow for seams.

4. Now mark the required number of parts on each color of cloth (see Yardage Chart). Mark on the right side of the goods, and space the outlines far enough apart to allow for seams (¼" or less) when the pieces are cut. Do not cut along these lines. Cut a seam's width outside the lines, which remain to show where to turn under the edges when basting.

In marking off and cutting the light green material, first provide for the long border strips. Cut each of these outer borders in two pieces, later joining them to form the long strips. This requires four strips measuring 1½x48½", and four strips 1½x39½"; these figures allow for ¼" seams. Next mark off the twenty-four interblock border strips; cut these 1½x23½" to allow for seams. Then cut the green bias strips for the flower stems; cut these twenty-four strips each approximately 9" long and just twice as wide as shown on the diagram. Out of the remaining material, provide for the other light green pieces.

Note that half of Parts 2, 3, and 11 should be marked with the pattern reversed, since half of them appear on the block in reverse position. If there is no definite right and wrong side to the material used, this point can be overlooked.

Also note that the four pieces of Part 5 that appear together on the bowl itself, can be cut as a single piece if desired. This is a little less work than sewing all four as separate pieces. If treated as one piece, substitute these figures for those on the Yardage Chart—Part 5, (darker green), 32 small pieces and 8 four-leaf pieces.

5. Cut out and arrange all pieces of each part and the same color in separate groups for convenience in selecting and appliqueing. Run a thread loosely back and forth once through each little stack, allowing each piece to be slipped off as needed.

6. Now locate the positions of the applique figures on each of the large white background blocks. To do this fold each block from corner to corner both ways, and lightly crease the folds. Place each block in turn over the actual size diagram so that the block center falls over the center of the diagram, and the diagonal creases in the goods fall along the broken lines on the diagram. The outlines of the figure will show through and can be followed lightly on the cloth with a soft, sharp pencil. In addition, place all pieces of Part 1 over this part of the diagram, and mark the position of the four-leaf Part 5 on the light green goods.

7. Next baste the parts into position. Baste Part 2 on top of the side edges of Part 1, Part 3 on top of Part 2, and Part 4 over all of them. This makes for less work, the raw edge of the under piece being slipped under the seam of the top piece. Similarly place Part 8 over Part 7, and Part 9 over Part 8; Part 12 goes over Parts 10 and 11. The stems all fit under the pieces they connect. In basting the stems, fold the raw edges under until they meet on the wrong side, making smooth, double stems.

Applique with thread of the same color as the cloth being sewed. Use the simple whip stitch, making the small stitches as inconspicuous as possible.

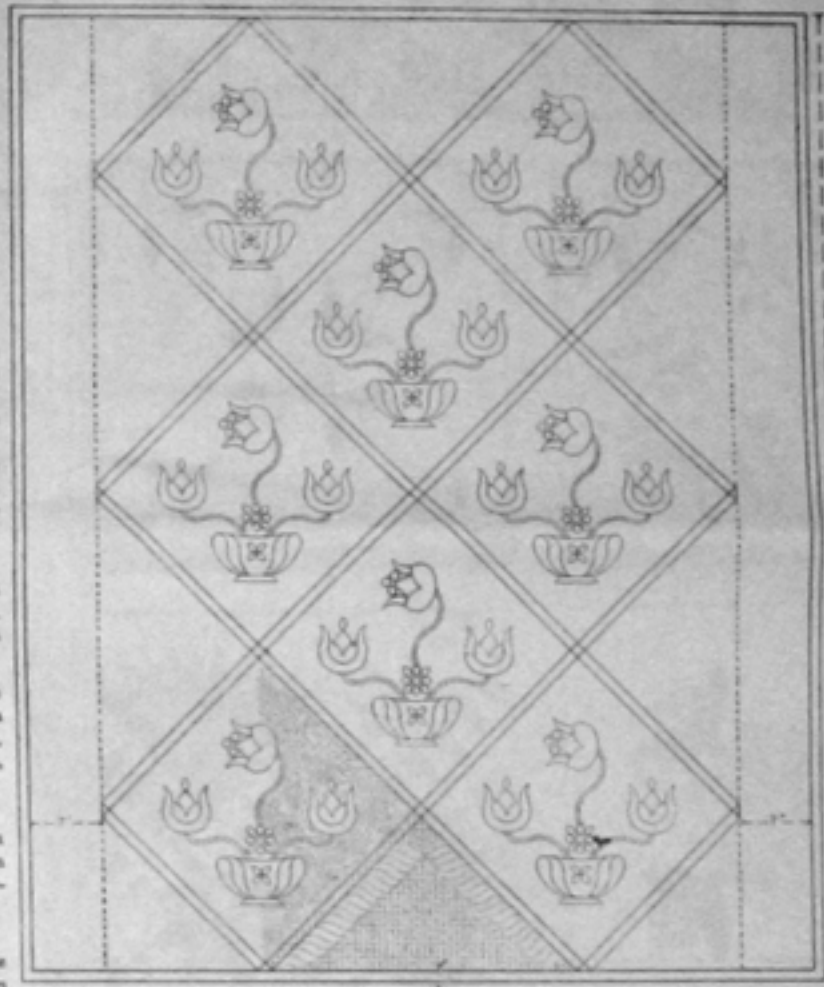
8. Join the eight appliqued blocks to the six half-blocks and the four corner blocks. Set them together as shown on the diagram of the finished quilt. After joining them, applique the narrow green interblock border strips along the block seams, as shown on the diagram. Next attach the white 7-inch side borders, and last the 1-inch green border that finishes all around the top.

9. The final step is the quilting, which includes fixing the quilt back to the quilting frame, laying on the Mountain Mist Quilting Cotton and the quilt top, stretching and fastening the entire quilt, marking and stitching the quilting design (see Quilting Suggestion), and binding the edges of the quilt. Bind preferably in the darker green.

If you have no quilting frame, use the Mountain Mist Quilting Hoop. Experts approve this new quilting device because it is strong and durable and always keeps the three layers (top, Mountain Mist, and back) stretched tightly and evenly. Light and handy to carry about, it makes pick-up work of quilting. Sold by your dealer, or write us direct.

DIAGRAM OF THE QUILT

FINISHED DIMENSIONS GIVEN



QUILTING SUGGESTION

An attractive quilting plan is illustrated in part by the dotted lines at the lower part of the quilt diagram. We suggest that the quilting on the blocks follow the lines of the applique, continuing at close intervals out to the edge of the block and back again, as shown by the dotted lines on half a block in the quilt diagram. In addition, outline directly around all seams. This can be done by eye, or marked free-hand before the stitching is begun.

Use the actual size leaf quilting pattern to make a cardboard marker, cutting away the dotted line, which was included in the drawing only to make clear the point at which the pattern falls along the edge of the strips. Start outlining the leaf on the quilt top, and move it along to fill in the required space. Place a small four-leaf Part 5 figure in the space just above the top of each row of leaves, as shown on the diagram.

Quilt the narrow green strips with small checks formed by intersecting diagonal lines; these lines should run along the bias of the goods, as do similar checks that fill in the backgrounds of the half- and quarter-blocks. This puffs up the quilting, an effect that cannot be gained by following the straight of the goods.

Mark lightly so that all lines can be removed with an Art Gum eraser after the quilting is completed. If you like, sign your name and the date in one corner of the quilt, working this in the quilting, or in outline stitch.

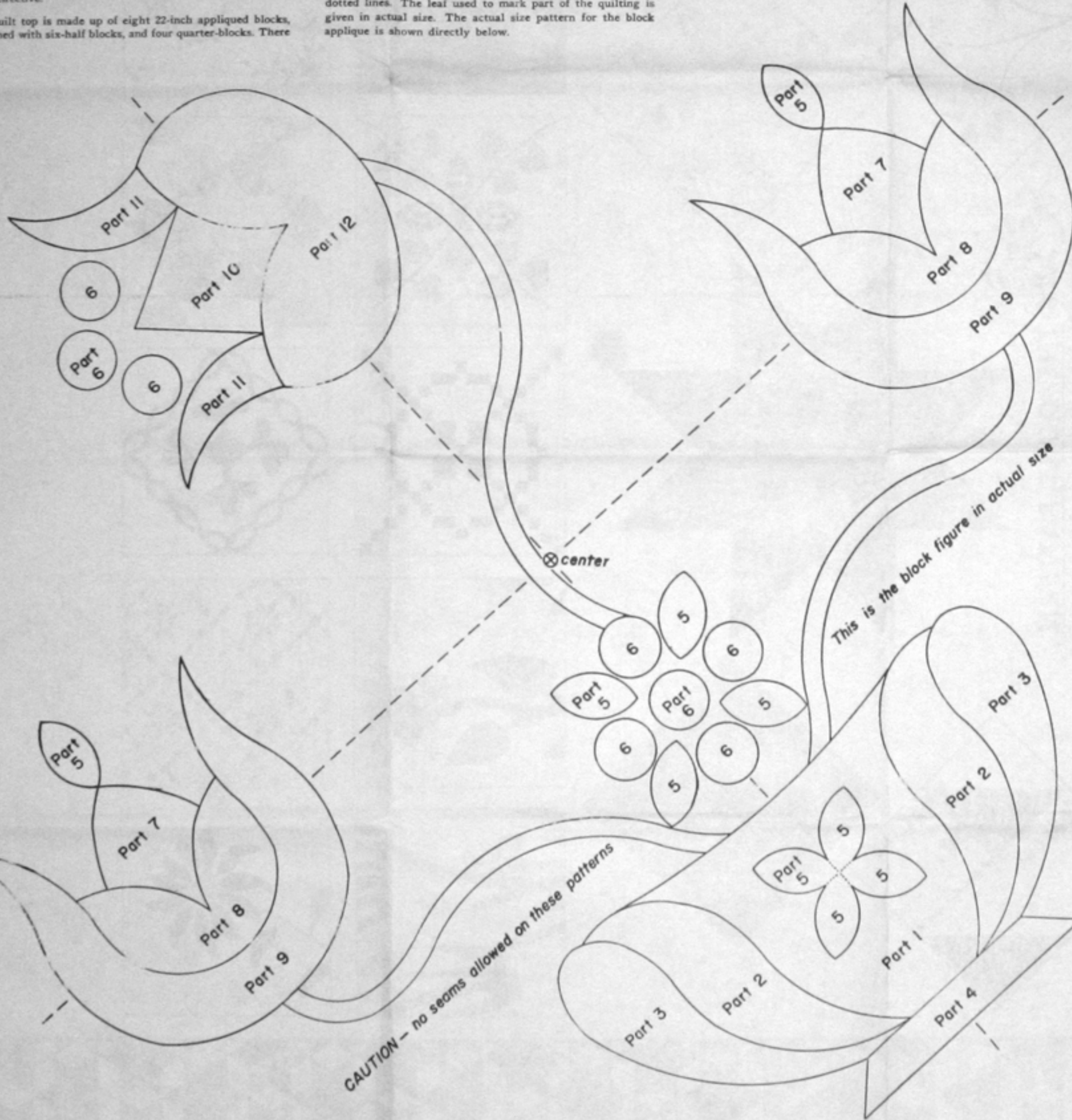
Colors. The colors suggested for this quilt are soft, blending shades of rose, lavender, and green. However, the design can well be adapted to any carefully thought out color plan—in pastel shades or in the old-fashioned red and yellow calicoes. It is a matter of individual choice.

YARDAGE CHART

Calculated for material 38 inches wide

Part 1	8 pieces	} 2 yds. medium green
Part 2	16 "	
Part 3	40 "	
Seams	24 "	
Interblock borders	24 "	} 4
Outer borders	4 "	
Part 2*	16 pieces	} ½ yd. darker green
Part 4	8 pieces	
Part 5	84 "	} ½ yd. pink
Part 1	16 "	
Part 7	16 pieces	} ¾ yd. rose
Part 8	16 "	
Part 10	8 pieces	} ½ yd. orchid
Part 11*	16 pieces	
Part 6	24 pieces	} ½ yd. lavender
Part 12	8 "	
Background blocks and border strips	8 yds.	white

Provide additional material for quilt back and binding
*Cut half these pieces with the pattern reversed



NOTICE
Wrappers for cotton having working patterns for quilts printed thereon are covered by application for letters patent in the United States Patent Office.
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