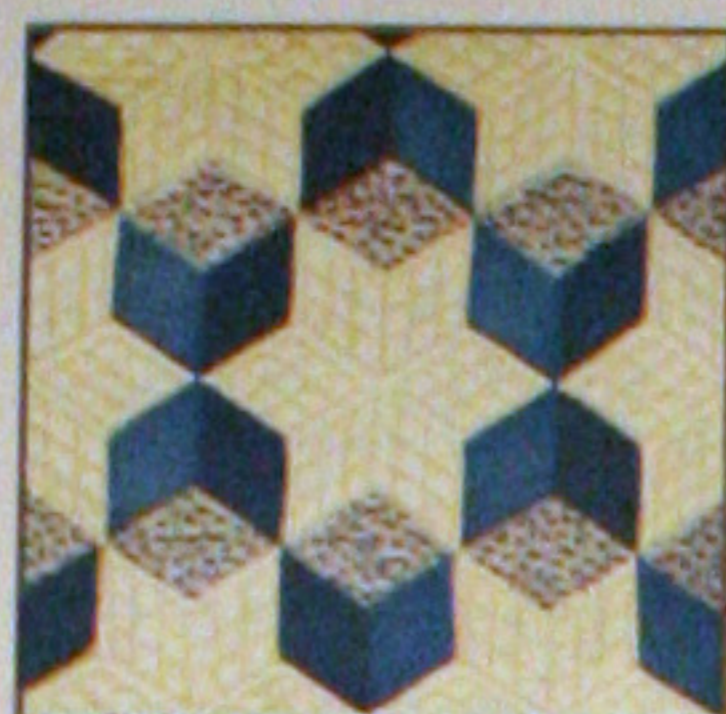




74—FLORAL WREATH



A—TURKINGTON BLOCKS



102—DEW DROP



70—STAR BRIGHT



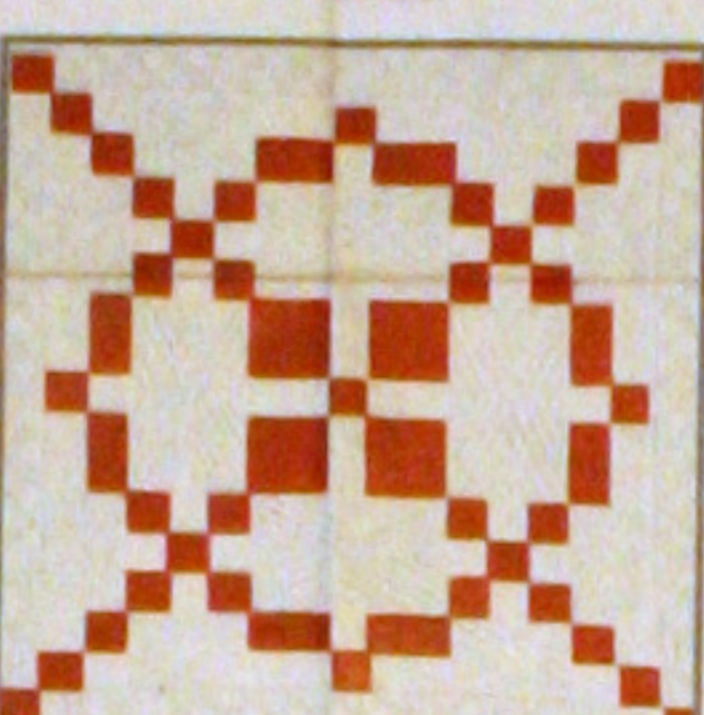
73—GRANDMOTHER'S FLOWER GARDEN



118—DADDY HEX



26—MARTHA'S VINEYARD



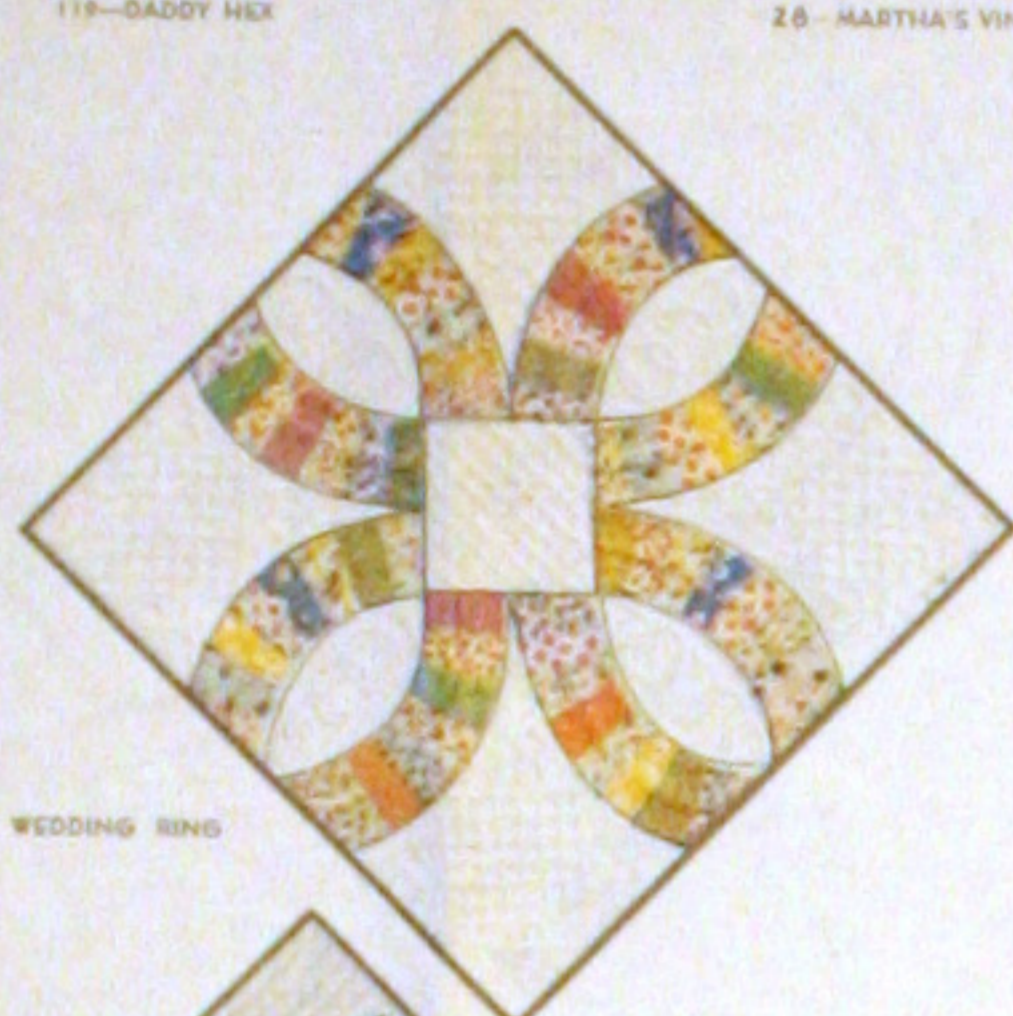
34—HOMESPUN



F—SUNFLOWER



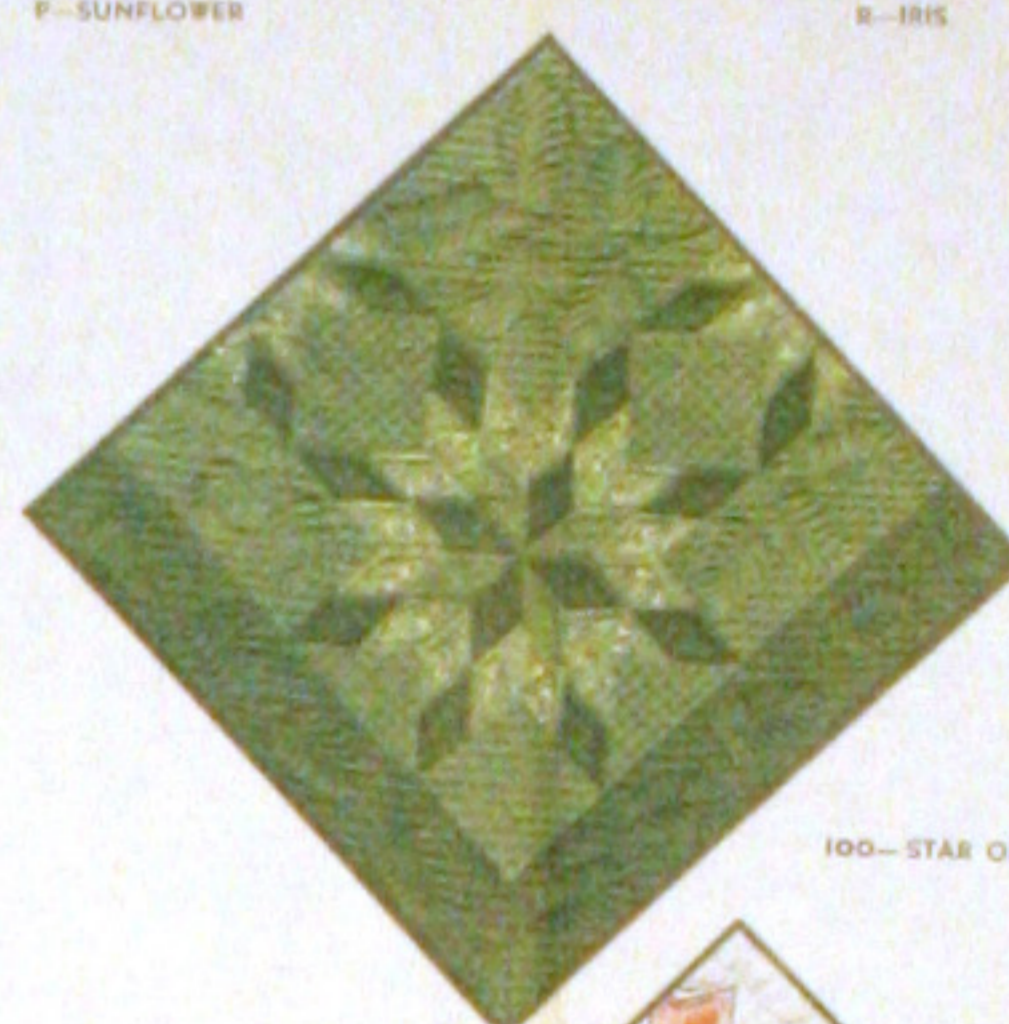
8—IRIS



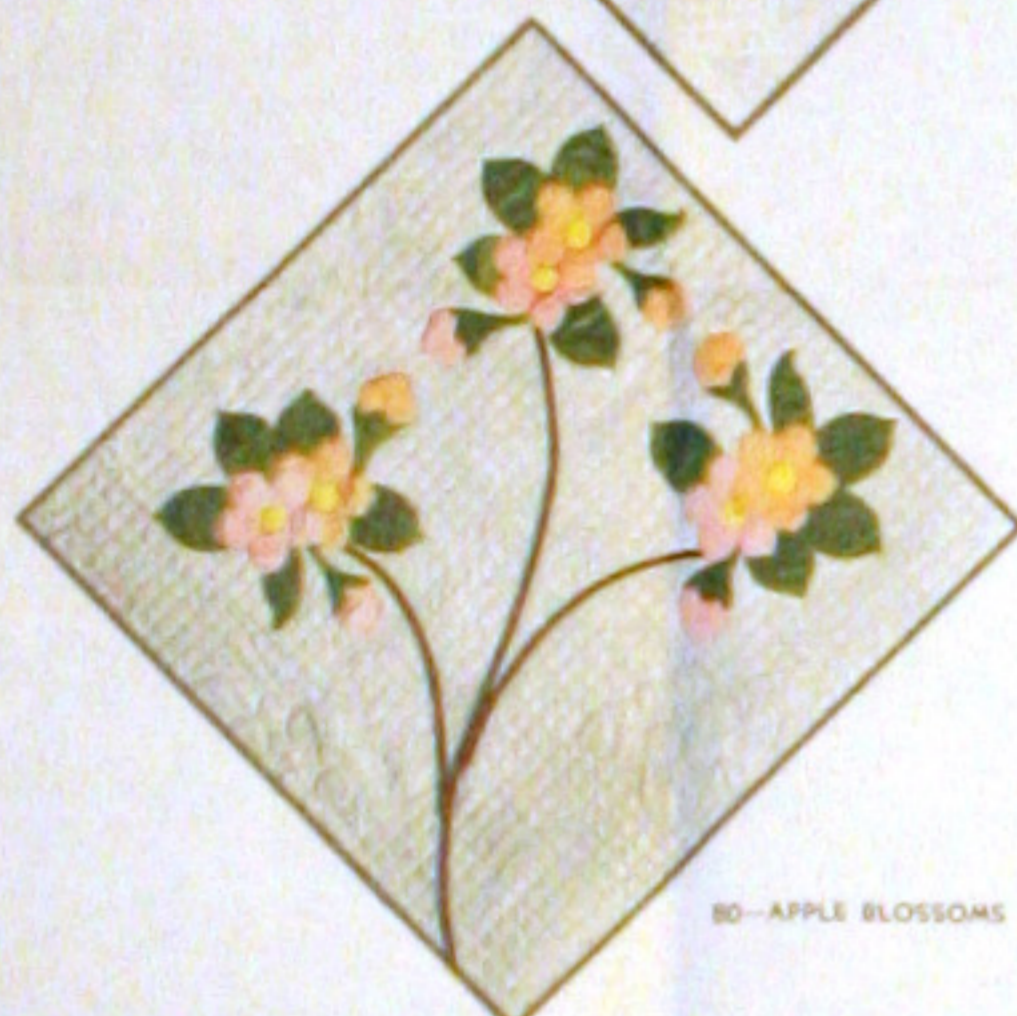
21—DOUBLE WEDDING RING



F—THE LONE STAR



100—STAR OF BLUEGRASS



80—APPLE BLOSSOMS



83—COUNTRY GARDENS

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91—SPRING WREATH



75—DRESDEN PLATE



76—DAISY CHAIN



78—COLUMBINE





WATER LILIES

Pattern Number 47 of the Mountain Mist Series
An Applique Quilt

The carefully casual placing of lily pads and catkins lends conviction to this delightful new applique quilt. The blocks seem to be part of a real pond, by some witchery caught and stitched down upon a coverlet. Framing the picture is the more formal border treatment, a design new and interesting in itself.

Hard to make? Not at all. There are only two different block forms, "1" and "3" on the quilt diagram. These blocks are alternated with "2" and "4", which are just the reverse of "1" and "3". The positions for both blocks are given on the actual size diagram, from which the reverse positions are easily marked. Directly surrounding the joined blocks is a one-inch border made of alternating medium and dark green strips, contrasting with the pale green of the blocks and wide border. A diagram for marking positions of brown twining stems on the side borders is shown upper left, with the end border positions indicated on the same diagram with dotted lines. Thus the placing of all appliques is shown in full size diagrams that are easy to follow.

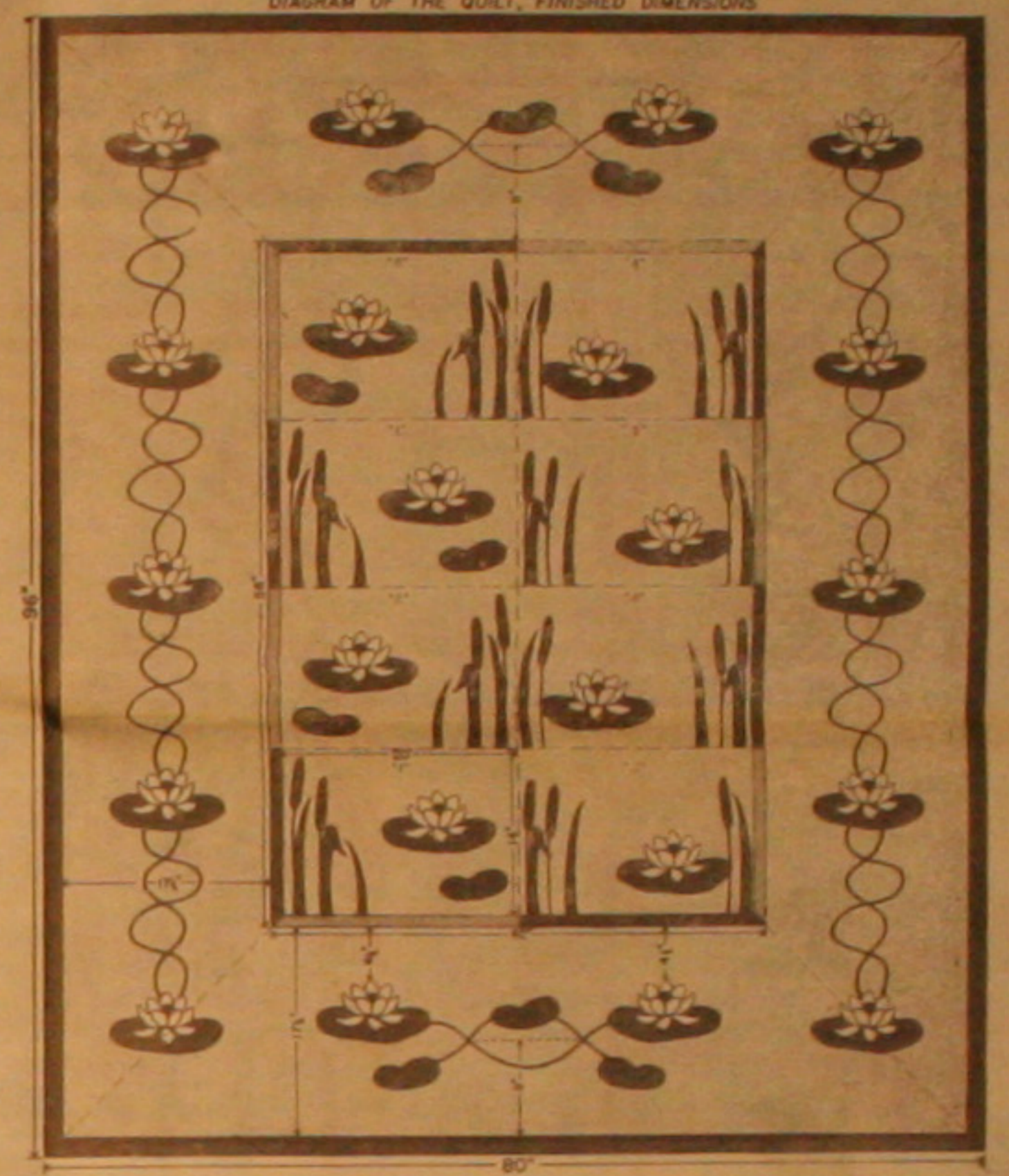
The original Mountain Mist Water Lilies quilt is made with white flowers (cream color for petals 1, 2, and 3), dark green lily pads, and brown cat-tails against a pale green background. A half-inch border of brown, followed by a one-inch border of dark green finishes the edge of the quilt. Other color plans hold interesting possibilities; for instance, pink flowers against a blue background. Or a quilt with each blossom a different color would provide lively variety. However, it is a good idea to keep the background either green or blue, to heighten the illusion of water.

Be sure to measure the bed for which the quilt is intended, so that adjustments can be planned in the border width to make the top either larger or smaller.

DIRECTIONS

1. First make actual size patterns for all seventeen parts as numbered. To do this, trace the outlines through thin paper, paste onto cardboard, or the smooth side of sandpaper, and cut out exactly along the penciled lines. Or, transfer directly with carbon paper. Sandpaper patterns, placed rough side down on the goods, will not slip in the marking. Note the part number on each pattern.

Observe that the tip of Part 2 curls back. A pattern for this tip can be made, and pieces cut out of the pale green material; or the tip can be disregarded, leaving just the cream-colored petal with a rounded end. The darker



DIRECTIONS (Continued)

tip merely adds to the natural effect. The pattern for Part 12 should be cut as a solid piece, with no indentations for Parts 1, 2, and 3; the upper outline of the pad should follow around the curve formed by Parts 8 and 4. Later, Parts 1, 2, and 3 are applied on top of the green pad. Make only one pattern for Part 17. The Part 14 pattern, for the long leaf, can also be used to mark the slightly shorter leaves appearing on blocks "3" and "4" of the quilt diagram. No patterns need be cut for the dark green cat-tail stems, because these and the brown border stems are best made from bias strips, cut twice as wide as they are to finish.

2. If there is any doubt about the fastness of the color, or if there is a possibility of shrinkage, first wash and iron the cloth. If the top is washed before quilting, also shrink the goods for the quilt back.

3. Before marking off the bias stems for the border, and the catkin heads, first cut the narrow brown border strips that appear at the edge of the wide green border panels. Piece each of these strips in the center. Four strips cut about 1 x 48", and four 1 x 40", pieced together and attached to the quilt top, will make two strips finishing 1/2 x 94", and two finishing 1/2 x 78". Next cut the bias strips for the twining border stems. Stems for the side borders can be made from eight strips 26" long and eight strips 19" long, all strips twice as wide as they are to finish, or a fraction less than one-half inch wide. There is only one stem unit each for top and bottom border panel, and this can be provided for with two strips 18" long and two 13" long, the latter cut in half because one stem disappears under the lily pad.

Also provide for the dark green border strips before marking off any parts. For the one-inch outer border, cut two strips to finish 1 x 96", and two to finish 1 x 80". Allow additional for seams and for mitred corners. Next cut the dark green short strips that alternate with medium green directly around the joined blocks. Four strips cut to finish 1 x 14", and two to finish 1 x 20" are required. Precisely the same size and number of medium green strips are required. Allow additional for seams, and for mitred corners on one end of two light and two dark short strips, and on one end of all four longer strips; note the quilt diagram. From the dark green goods also cut bias strips for cat-tail stems. Cut twice as wide as the stems are to finish.

From the light green goods cut eight background blocks; cut them 14 1/2 x 20 1/2", to allow for seams. Also cut the wide border panels, two of which finish 17 1/2 x 93", and two 17 1/2 x 77", allow additional for seams and for mitred corners.

4. Now mark the required number of parts on each color of cloth, as listed on the Yardage Chart. Mark on the right side of the goods and space the outlines far enough apart to allow for seams (1/4 inch or less) when the pieces are cut. Do not cut along these lines. Cut a seam's width outside the lines, which remain to show where to turn under the edges for basting.

As listed on the Yardage Chart, a number of pieces must be cut with the pattern reversed. Quite a few flowers, etc., appear in reverse position either on blocks or border, so that it is necessary to reverse (turn over) the pattern in marking. Even if there is no right and wrong side to the goods, this reversal puts the pencil line on the right side for turning under a seam.

In marking the petals, if you wish to preserve some uniformity in the flowers, mark each petal on the goods in approximately the same position as pictured on the flower diagram.

5. Cut out and arrange all pieces of each part in color groups, and prepare to pin and baste the pieces into position on the background blocks. Positions are easily located from the actual size

block diagram. For the eight blocks, there are four different placings. Looking at the quilt diagram, two of the four blocks making up the left side of the quilt are just as shown in solid lines on the block diagram; two are the exact reverse. Place a background block over the diagram and lightly pencil the lines on the cloth as they show through; mark two blocks in this way (block "1"), and two the exact reverse (block "2"). To get the reverse positions, mark as for the right side, then turn the block over and lightly sketch the lines through; or indicate positions by spreading a reverse and a right-side block together and pinning through along the lines. The placing of Parts 1, 2, and 3 should be indicated in pencil on Part 12.

Again referring to the quilt diagram, note that two of the four blocks on the right side of the diagram are exactly as shown in dotted lines on the block diagram, and two are just the reverse. The dotted lines are heavy enough to show through the light background blocks so that the positions for blocks "3" and "4" can be marked as above for Parts "1" and "2".

6. In basting and appliqueing, save the making of a seam wherever possible by fitting raw edges under seams to be whipped. Fold the bias stem edges under till they meet on the wrong side. On the lily figure, first baste the pad into position; then paste Parts 1, 2, 3, etc., in numerical sequence. Applique with thread of the same color as the cloth being sewed.

7. Join the eight blocks in the same relative positions as shown on the quilt diagram. Attach the dark and medium green border strips that alternate directly around the blocks.

8. Next the wide green border panels are applied. Place five flowers on each side border, the point of Part 6 falling in the center of the border. First outline the position for the middle flower, placing the lower tip of Part 11 in the center of the length of the border panel. Place the other flowers 18 1/2" apart, always measuring from tip of Part 11 to tip of Part 11. The corner flowers are placed after the border is set onto the quilt. See the diagram above for placing the side border stems; place the diagram under the border strip, with line "AB" falling along the exact center of the border. Lightly pencil the lines as they show through the cloth. As explained before, in appliqueing the stems, turn under the edges till they meet on the wrong side, baste, and applique. This makes the stems easy to handle, and being narrow and of double thickness, they look more natural.

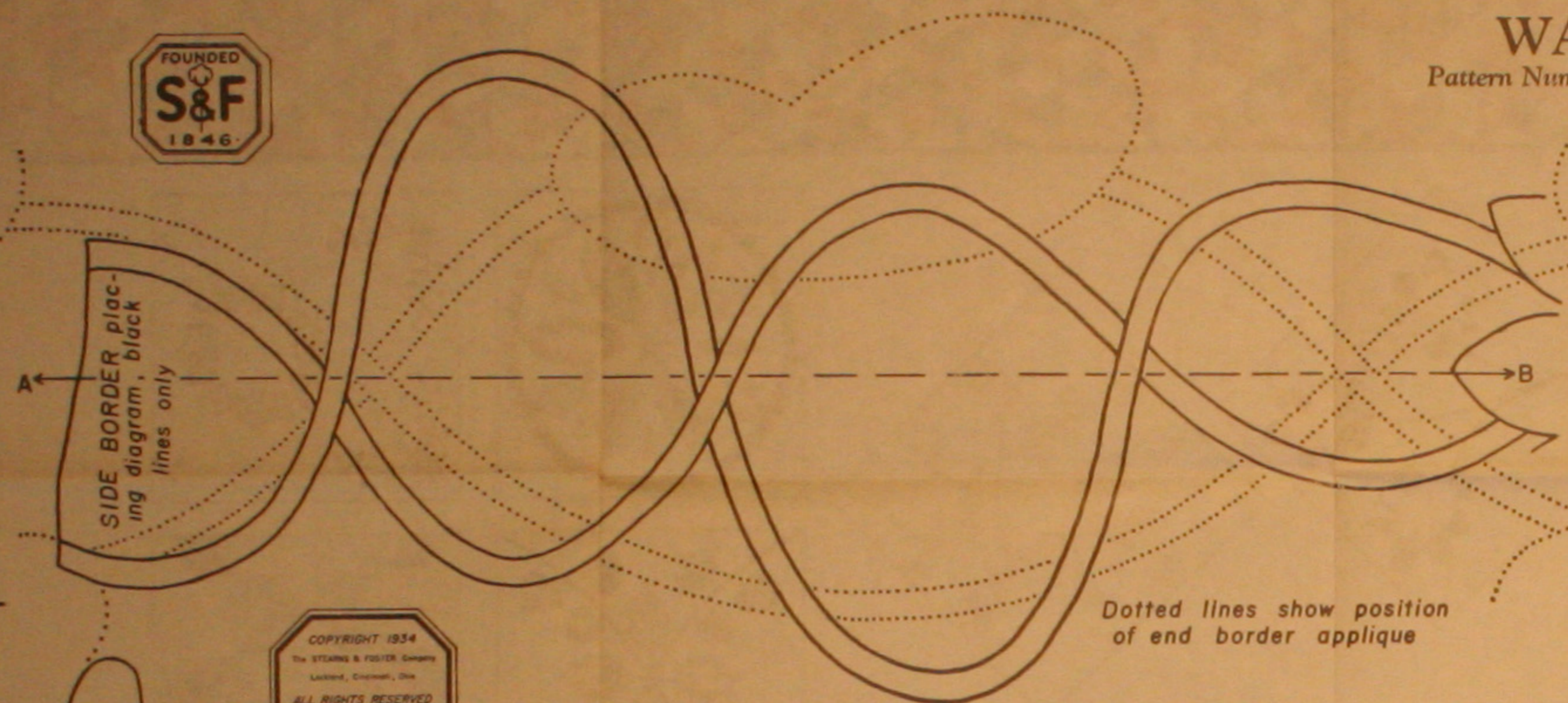
Positions for the top and bottom border panels are also shown on the diagram above, dotted lines only. Here line "AB" should fall parallel to and 8" from the inner edge of the top border, and the same distance from the outer edge of the bottom border. The lilies are easily placed, their tips 4 1/2" from the nearest border edge. These measurements are calculated without seam allowance; therefore also allow for seams to be taken off each border edge.

The side border flowers and stems all appear in the same positions, but on the top and bottom panels, the right-hand flowers and stems are reversed.

9. When the border panels have been applied, join them to the quilt top and finish the four corners with their flower appliques. Next the half-inch brown border is attached, and finally the one-inch green border.

10. The final step is the quilting, which includes fixing the quilt back to the quilting frame, laying on the Mountain Mist Quilting Cotton and the quilt top, stretching and fastening the entire quilt; marking and stitching the quilting design (see Quilting Suggestion), and binding the edges of the quilt. Bind preferably in the medium or dark green. A light green quilt back is suggested.

Good quilting is accomplished only with a regular quilting frame or a strong, steady quilting hoop. If you have no space for a quilting frame, use an aluminum or steel hoop.



YARDAGE CHART

Calculated for material 36" wide

Outer short border strips		
Outer border strips		
Cat-tail stems		
Part 11	22 pieces**	3 1/4 yds. Dark Green
Part 12	10 pieces**	
Part 14	8 long, 4 short***	
Part 15	4 long, 4 short***	
Part 16	4 pieces***	
Inner short border strips		3/4 yd. Medium Green
Background blocks		
Border strips		
Tip for Part 2	32 pieces	7 1/4 yds. Light Green
Narrow border strips		
Blas for border stems		
Part 17	20 pieces	1 1/4 yds. Dark Brown
Part 9	22 pieces**	1/2 yd. Yellow
Part 1	22 pieces**	1/2 yd. Ecru
Part 2	22 pieces**	
Part 3	22 pieces**	
Part 4	22 pieces**	1 yd. White
Part 5	22 pieces**	
Part 6	22 pieces**	
Part 7	22 pieces**	
Part 8	22 pieces**	
Part 10	22 pieces**	
Part 11	22 pieces**	
Part 13	22 pieces**	

**Cut 6 pieces with pattern reversed
***Cut 4 pieces with pattern reversed
****Cut half the pieces with pattern reversed

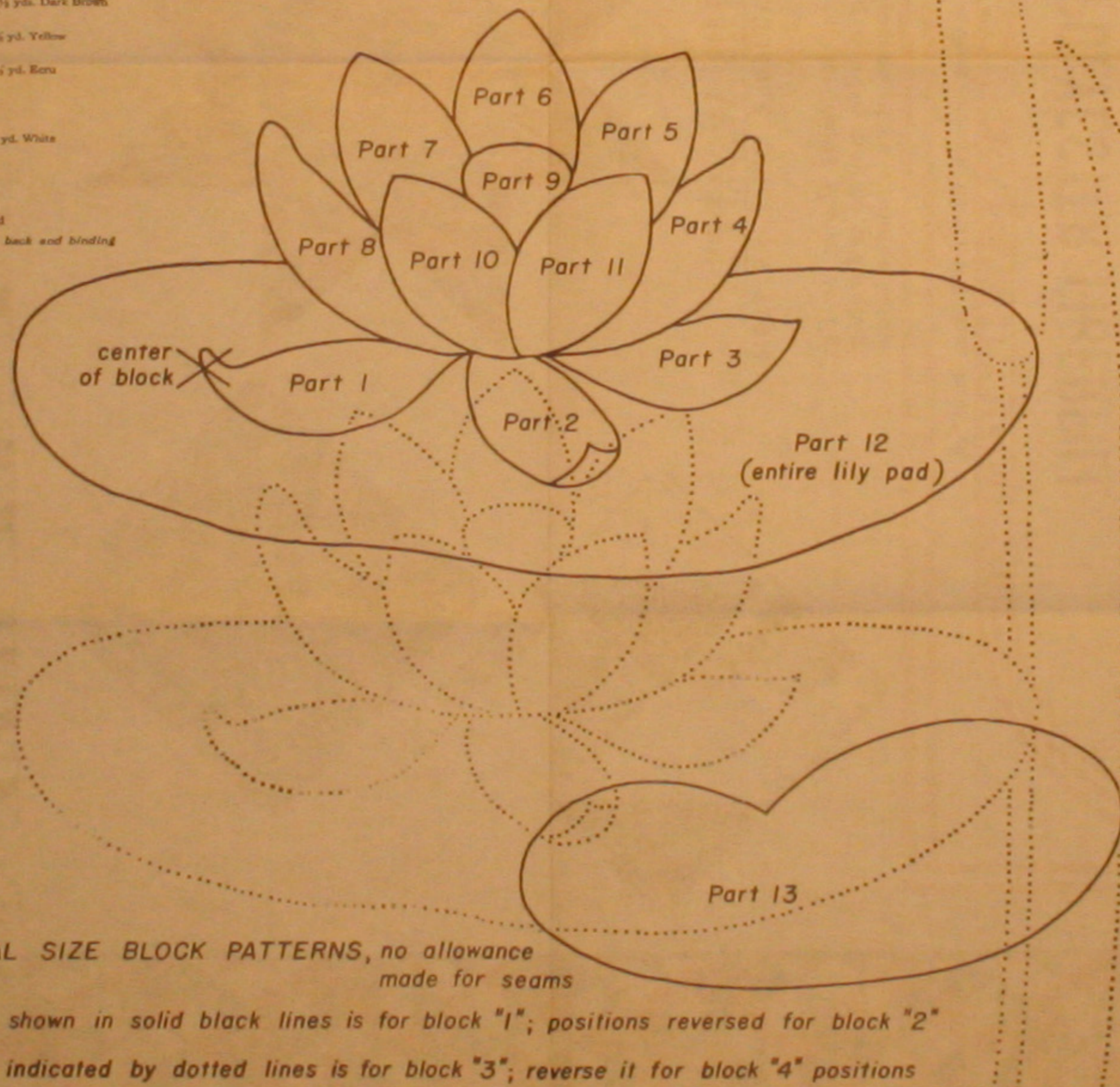
Provide additional material for quilt back and binding

QUILTING SUGGESTION

This is the sort of top that is most effectively set off by quilting that is unobtrusive, a continuation of the design itself. For this reason the original Water Lily top is quilted with many equi-distant rows of tiny stitches that repeat the outline of the applique over and over again. You may prefer to outline the design only twice, and fill in the background with small checks. But if the design is continuously followed in each block, there is an illusion of water reflecting the plants.

For the rest, outline on the applique where necessary, never leaving spaces as large as two inches unquilted. Quilt the dark and medium green border strips with long parallel lines, and the outer brown and dark green borders with small checks formed by intersecting diagonal lines.

Somewhere on the quilt, possibly in one corner, sign your name and the date of making. Mark all lines lightly so that they can be removed with an Art Gum eraser when the quilting is completed. Stitch with thread of the same color as the cloth being quilted.



ACTUAL SIZE BLOCK PATTERNS, no allowance made for seams

Figure shown in solid black lines is for block "1"; positions reversed for block "2"

Figure indicated by dotted lines is for block "3"; reverse it for block "4" positions

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