

Lau Kalakoa or Croton

Pattern 129 of the Mountain Mist Series

This single color applique quilt as Advertised in McColl's Needwork & Crafts comes from Hawaii. Photographed at the Mauna Kea Beach Hotel on the Island of Hawaii.

DIRECTIONS

Before starting your quilt, cut your colored material into three 2½ yard lengths. From one of these lengths cut a strip 12 inches wide. Tear off all selvages. Join two 26" strips with the 12" strip lengthwise. This will give you a sheet which will measure 84" by 84". This is your applique material.

For your background material and the quilt backing, we suggest that you use Spring Mills Super Dazzle material which is 45" wide. Cut the selvages from the material, then cut into four 3 yard strips — 2 for the front and 2 for the backing of the quilt. Join together with small seam lengths. These seams will be lost in the quilting.

Cut out your paper pattern, being sure to cut just inside the heavy lines. Allow extra paper on the finished edges. These are joined with the matching finished lines to complete the pattern. You will then have a pattern for ¼ of the quilt.

Fold the colored material from top to bottom. Press smooth and baste the fold. Baste the material carefully so as not to stretch the fold. Fold again in half, bringing the "selvage" edges together. Press smoothly and baste the fold. There will be open edges on the left and above, with a single fold on the right and two folds on the bottom. Fold again, bringing the single fold on the right to lie directly over the two folds on the bottom, making a triangle which is ½ the size of the applique sheet. It is very important to make the folds evenly so your material smooth. It will help to baste the seams together as you make your folds. Be very careful in basting, especially where you make a diagonal fold. If all of this care is taken, the pattern will be repeated evenly around the quilt design.

Please use your paper pattern on this folded ¼ material. Be sure that the center of the design falls on the center of all the folds of the material. This center is known as the piece which in Hawaiian means the center. Fix the pattern to the material very securely. Cut the design, being sure that none of the layers of material slip in the cutting. Allow for at least ½" seam outside of the pattern. This whole process is done much as many of us cut snow flakes when we were children. Where there is a very narrow space between the parts of the design, a straight cut will open it up as you do the appliqueing.

Lay the material for the top of your quilt on the floor smoothly. Place the colored applique material on the top starting at the center and smoothing it to the sides. DO NOT STRETCH OR PULL. Put gently to avoid pulling the bias pieces. Check the design by standing away from it. With this particular pattern it would be well to fold the background material in half each way and crease the folds.

These crosses will give you lines to follow in placing the colored applique material. We have allowed for an extra border around the design. The design itself is 80" square. This will give a side border of 5" and an end border of 8". May we suggest that you place your center pattern square with a five inch border on the bottom leaving a quilted cover for your pillows.

Starting at the center, baste the design onto the top of the quilt. This basting must be carefully done to keep the design accurate. We suggest that you baste the center fronds of the design first. Then baste the four smaller fronds.

Originally the Hawaiian quilts were square quilts. The design which is cut ½ size repeats around the quilt. However, the modern quilt is made to fit modern beds with a flat ruffle and are not as wide as they are long.

When the design has been completely basted to the background, you are ready for the appliqueing. This is done with a fine shadow stitch. Use thread which is the same color as the design. Your stitches should be barely visible.

After appliqueing the entire design to the background, you are ready to do the quilting. Lay your backing material on the floor, place the Mountain Mist Filling smoothly over the backing, and finally, place the appliqued top on the filling. Starting at the center, baste securely to the edges. If you are planning to do this quilting on a frame it is not necessary to baste so closely. But if you are planning to use a hoop, or do it on your sewing machine, the basting should not be more than four inches apart in each direction with diagonal basting to catch corners. This will keep the three layers of the quilt together and avoid puckers. The basting may be clipped as the quilting is done. When the quilting is complete, clip the rough edges and bind the quilt with bias strips. This binding may be cut from either the color of the design or the background as you desire.

YARDAGE CHART

Plain Color for the Applique Design

7 Yards 36" material

Yellow for the Background and the Backing

12 Yards 44" material

Diagram of Pattern for 1/4 of the Quilt

Diagram of Pattern for 1/4 of the Quilt

A

A

A

B



Winnipeg for Colour Rating having working
patterns for Quilts printed therein are fully
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